

# GLORY RESOURCES // COUPLES

## - WEEK EIGHT-

### >SCRIPTURE: PSALM 34:16-22

Questions to ask:

- What does this say about God?
- What am I thankful for?
- What do I struggle to believe?
- What do I need help with?

### >CONVERSATION STARTERS

- What is your favorite song lyric and why?
- When was a time I made you laugh the most?
- What were 3 things you were afraid of as a child?
- What is one thing or activity that makes you feel alive?
- What is one thing we have done really well as a couple in the last 30 days?

### >WORD OF AFFIRMATION

Let your spouse know that you value their input and opinions. Let them know they have good ideas and that what they bring to conversations is important to you.

### >ACTS OF SERVICE

Clean something or pick up an area that would bless them. Maybe its the car, the kitchen counter, or your bedroom.

### >FUN ACTIVITY:

Pick a room to rearrange or redecorate together. Get thrifty to use things you already have to make the space feel new!

### >PRAYER FOR THE WEEK:

Talk together over how you want your relationship to grow and change over the next few months. Think about how things have had to change during quarantine and what you want your new normal to look like. Then pray specifically over these things. Use this prayer or pray as you feel led.

God,

Thank You for this time in quarantine.

Even though it was not what we would have asked for, You have a purpose in it all.

Thank You for the ways you have grown us and shaped us in this time.

I pray that we can take the hard conversations we've had

and the creative ways we've come together to give us direction for this next season of life.

Reveal to us how you want us to grow and change in the next few months.

Thank you for the opportunity to become more like You together.

In Jesus Name,

Amen.

*for*  
*couples.*